



MEGAN JANE'S
— PLATE —

Nutrition Counseling Payment

SERVICES OFFERED

Initial Assessment: <ul style="list-style-type: none">• 1 hour consult• Nutrition Plan	\$350.00
1 hour follow-up consult via zoom	\$100.00
Weekly 20 minute check-ins (paid monthly) via zoom or phone	\$200.00

FEES AND PAYMENT

I agree to the designated fees at the time of purchase. Payment will be made by venmo or paypal at the time of service. I accept responsibility for the designated fees.

- Venmo: @meganjanesplate
- Paypal: Megan Jane's Plate

CANCELLATIONS

Please do your best to adhere to your scheduled appointment. If you need to reschedule, please do so at least **48 hours in advance**. In the case an appointment is canceled with less than 48 hours notice, you will be charged a **\$50 cancellation fee**. I understand that Megan Ostler MS, RDN has a 48-hour cancellation policy, and I am aware that I will be charged a \$50 cancellation fee for a missed appointment if proper notice is not given.

Please Print Your Name: _____

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Client Signature

Date